

Target Area: Behaviour Problems

<p>Wesolowski, Zencius & Rodriguez (1999). <i>Mini-breaks: The Use of Escape on a Fixed-Time Schedule to Reduce Unauthorized Breaks from Vocational Training Sites for Individuals with Brain Injury</i>. Behavioral Interventions 14(3): 163-170</p>	<p>RoBiNT score - <i>to be confirmed</i></p>
<p>Method/Results</p>	<p>Rehabilitation Program</p>
<p>Design:</p> <p>Y Study type: SSD. Multiple baseline across participants.</p> <p>Y Participants: All participants described as having "significant frontal lobe damage" following traumatic brain injury:</p> <ul style="list-style-type: none"> o Participant 1: Male, 19 years o Participant 2: Male, 16 years o Participant 3: Male, 24 years <p>Y Setting: Vocational training program.</p> <p>Target behaviour measure/s:</p> <p>Y Unauthorized breaks.</p> <p>Primary outcome measure/s:</p> <p>> None.</p> <p>Result: Graphed data provided, but no statistical analysis conducted. All 3 participants showed reduction in unauthorized absconding: at baseline had means of 2.3, 2 and 4 unauthorised breaks per day respectively and at the end of treatment all had 0 unauthorised breaks, maintained at 6 and 12 month follow-ups.</p>	<p>Aim: To decrease the frequency of leaving the vocational site without authorization in people with traumatic brain injury, using noncontingent escape.</p> <p>Materials: Written sheet (8.5 x 11 inches) with times of scheduled minibreaks written in large letters and posted at each person's workstation.</p> <p>Treatment plan:</p> <p>Y Duration: length of therapy: Participant 1 40 days, throughout the training program 9am-3.30pm; total contact time: 260 hours.</p> <p>Y Procedure: No therapy sessions <u>per se</u>; rather therapy procedures applied throughout the training program</p> <p>Y Content: Vocational instructors were initially trained in ignoring participants when they left the worksite and praising them for returning on time from their breaks. Used noncontingent escape, by explaining to participants that they would have minibreaks occurring for 10 mins each hour. The schedule of minibreaks was written onto the paper and posted onto the workstation. The vocational instructor prompted the participant to take his break if this was not self-initiated.</p>