

Target Area: Interpersonal & Social Skills/Quality of Life

<p>Lai, Chi and Kayser-Jones (2004). <i>A Randomised Controlled Trial of a Specific Reminiscence Approach to Promote the Well-Being of Nursing Home Residents with Dementia</i>. <i>International Psychogeriatrics</i> 16(1): 33-49</p>	<p>PEDro score - 7/10</p>
<p>Method/Results</p>	<p>Rehabilitation Program</p>
<p>Design</p> <p>Y Study Type: RCT comparing treatment to control activity to waitlist.</p> <p>Y Population: 101 patients with dementia.</p> <p>Y Groups:</p> <ol style="list-style-type: none"> <li>1. Control (n=30, 37% male, M=6.8 years; SD=7.3).</li> <li>2. Comparison (social contact only, n=35, 31% male, M=84.1 years; SD=7.4).</li> <li>3. Treatment (n=36, 28% male, M=86.2 years, SD=6.3).</li> </ol> <p>Y Setting: Nursing home.</p> <p>Primary Outcome measures:</p> <p>Y Social Engagement Scale (SES) (rated by caregivers).</p> <p>Y Well-being/ Ill-being scale (WIB) used to rate behaviour over 6 hour period.</p> <p>Secondary outcome measure/s:</p> <p>Y None.</p> <p>Results: No between-group differences after treatment. A within group difference (pre-post) arose for the treatment group but not for the other groups.</p>	<p>Aim: To use reminiscence to increase psychosocial well being in people with dementia.</p> <p>Materials: None specified. Treatment</p> <p>Plan:</p> <p>Y Duration: 6 weeks.</p> <p>Y Procedure: Weekly 30 minute sessions.</p> <p>Y Content: Groups were prompted to reminisce/discuss their life story using Hellen (1998) "LSB" concepts.</p>